



Second Annual Native Alaskan Leadership Training
Elizabeth Peratrovich Hall • Juneau, Alaska
May 16---17th 2016

In this two---day training, we will work on and discuss leadership foundational skills while engaging in practical ways you can take new learning back to your tribe or organization. At the end of the session, you will have developed new contacts, had a refresher on certain skills while building new ones, deepened your own understanding of your leadership ability and created tangible actions you can use right away when you get home. The goal is that you will develop new insight on how to lead others more effectively while enjoying your role as a leader or manager.

DAY 1

8:30 – 9:15 **Registration and Breakfast**

9:15 – 10:00 AM **Introduction & Opening Leadership Activity**

➤➤ **Introduction and Overview of Program**

➤➤ **Icebreaker & Leadership Reflection: The Marshmallow Challenge**

- This interactive activity will allow participants to work with a small group of people while learning how leadership arises in a group.
 - What role do you play in a group and how do you lead?
 - How do you relate to the roles of others?
 - How do you approach leading a group of people to complete a task effectively?
 - Leadership is a function of leading oneself and positively affecting others. This training will go back and forth between personal leadership development and leading in groups and teams

10:00 – 10:45 AM Session 1: Developing a Personal Leadership Mission Statement (SELF)

➤➤ **Interactive Discussion & Activity**

- This presentation and activity will allow participants to assess the foundation of their leadership principles.
- When we articulate leadership intention and purpose in language we can measure our development over time against this statement to identify areas for improvement.
- **ACTIVITY:** Participants will brainstorm words as a group that they think are “Leadership Buzz Words.” Teams will compete against each other to see how many buzz words they can come up with in 2 minutes.
- **ACTIVITY:** Participants will begin writing a personal leadership statement and share with their groups



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10:45 – 11:00 Coffee Break and Networking Opportunity

11:00 – 12:30 PM Session 2: Team Player Survey & Group Decision Making (OTHERS)

- Participants will take the Parker Team Player Survey. This helps individuals to identify the style of how they interact in groups, assess their current strengths, and create plans for increasing one's effectiveness as a Team Player.
- Participants will develop a plan for their own development as an effective team player.
- **An Exercise in Group Decision Making**
 - Groups will be composed of different team player roles
 - Teams will be given a challenge with a tight deadline and have to negotiate a collaborative decision making process leveraging each of their perspectives and strengths

12:30 – 1:15 PM Lunch and Networking Opportunity

1:15 – 2:15 PM Session 3: Tribal Specific Challenges: Interactive Discussion & Consulting (SELF & OTHERS)

- Participants will brainstorm tribal specific challenges that they are facing right now in small groups.
- Participants will give and receive feedback in small groups and then receive direct live action consulting and coaching from the lead trainer.

2:15 – 2:30 Afternoon Break and Networking Opportunity

2:30 – 3:30 PM Session 4: Emotionally Intelligent Leadership (SELF + OTHERS)

- Participants will Discover 4 Steps to Leading with Emotional Intelligence
 - Four practices for leading with emotional intelligence will be followed by practical actions that individuals can implement after the training to increase the ability to lead with emotional awareness
 - **ACTIVITY: Design the ideal leader.** In groups participants will creatively design the ideal leader – a person anyone would want to work for or with. Emotional Intelligence factors will be considered

3:30 – 4:00 PM Leadership Coaching Session One (SELF & OTHERS)

- Participants will identify the 2 most valuable insights for change or action that were discussed today



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- The trainer will provide live action coaching to individuals to create action plans around turning insights into tangible results

4:00

Leadership Training Day 1 Ends

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DAY 2

8:30 – 9:15 AM Breakfast and Networking Opportunity

9:15 – 9:30 AM Introduction to Day 2 & Ice Breaker

➤➤ **Icebreaker:** Wake up and kick--start your brain. This brainteaser will help you understand how to see challenges and issues from new perspectives to solve complex problems

9:30 – 10:15 AM Session 5 Time Management Essentials (SELF)

- Participants will discover practices for time management that help leaders to be effective
- Brain Dumping
 - The Pomodoro Technique
 - Structures for task and project management
 - Technology solutions and systems for increased productivity and collaboration

10:15 – 10:30 AM Coffee Break and Networking Opportunity

10:30 – 11:45 AM Session 6 Fostering Leadership: The Art of Mentoring (OTHERS)

- Participants will discover how mentoring can increase productivity within a tribe or organization.
- Mentoring's impact on motivation, retention, productivity
 - **ACTIVITY: Build-A-Mentoring program activity**
 - Participants will identify an individual or group that may need mentoring.
 - Participants will create actual structure for mentoring others within your tribe or organization. It will be tailored to your needs and you will develop a usable resource.
 - Each group will vote on the mentoring program they think will be the most effective and design a campaign to promote engagement in this mentoring program.

11:45 AM – 12:15 PM Session 7: Self-Care as Access to Leadership (SELF)

- Participants will discover key elements of self--care and how it positively impacts leadership ability:
- Discovery of practices that can be easily implemented to impact a positive mindset
 - Introduction to healthy practices that support optimal health as it relates to having energy and stamina to lead and positively influence others
 - Exercises/Goal-setting for self-care after the training



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12:15 – 1pm Leadership Coaching Session Two

- Participants will examine action plans/goals they would like to commit to from the training
 - Create structures for how you will implement learning from this training when you get home.
 - Reference personal leadership statement and coaching from day one
 - Follow Up Webinar – 2 weeks
 - Feedback Survey and contest
 - Sneak peak: Leadership Communication Certification Program, Custom Training

1:00 Leadership Training Concludes